

Week 7 Focus: Ongoing Learning - Learning Ecosystem

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Focus Question: What learning do you want to undertake?

Description

Learning can take many forms. As a remote professional, it can be very important to build in time for ongoing learning.

As I wrote in *Effective Virtual Conversations*, consider the following approaches to learning. It might include:

**"Your beliefs become your thoughts,
Your thoughts become your words,
Your words become your actions,
Your actions become your habits,
Your habits become your values,
Your values become your destiny."
Gandhi**



What are the things you are wanting to learn? What are the best modalities to learn these? Where else might you explore these learnings?

Activity

Identify the learning needs you have to do your best work. What type of learning is going to help you? Where can you access this learning? What do you need to schedule in? What else do you need to note?

Need to Know

In addition to the different types of learning, there are many different areas and bands you can be exploring around learning. Just like this week's quote, we will want to explore the various layers: actions, habits, values and destiny.

So what? – What's important about this topic?

There are many different ways we can learn tasks. What's going to support you with learning as you need it, when you need it and how you need it?

For more on this:

Check out the PlanDoTrack call on the Forgetting Curve – Spring 2019.

Check out chapter 3 of *Effective Virtual Conversations*, Jennifer Britton, especially page 11.

Did You Know?

If learning is not reinforced, or applied, soon enough, we are likely to forget it. Ebbinghaus did many studies on what is now deemed *The Forgetting Curve*.