

Week 29 Focus: 6 Factors #6 – Commitments by Jennifer Britton,

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Focus Question: What are you committed to as a team?

Description

What are you committed to, no matter what?

Teams are as strong as their weakest link. What are you committed to no matter what?

Activity

As a team consider what you are committed to doing, completing, starting this month. On a scale of 1-10, how committed are you really?

What's a 10 – ABSOLUTELY!

What's a 1 – Not really...

Be ruthless with your commitments. What do you also need to say no to?

"Motivation is what gets you started. Commitment is what keeps you going." Jim Rohn

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