Trust Self-Assessment
by Jennifer Britton + Michelle Mullins – RemotePathways.com

Episode 13 Download

In episode 13 of the Remote Pathways podcast we explore the topic of TRUST in the virtual and remote space. I also connect it to what I term the TRIAD of Trust, Safety and Connection. This is a core topic of Chapter 2 in my book, Effective Virtual Conversations: *Engaging Digital Dialogue for Better Learning, Relationships and Results*. Pick up a copy of the book at Amazon.

Where are you around these different areas?

Take a few minutes to reflect on these 9 different areas which can have a tendency to build or erode trust:

Area	What it looks like behaviorally (think about the observable things others can see)	Where am I with this? My rating on a scale of 1 - 10 (1 being low, 10 being high)	What I can do to improve it?
Walk the talk			
Be fair			
Build on strengths			
Take ownership			
Be transparent			
Create connection			
Clear expectations			
Communication			
Regular one-on-ones			