



SMART-E Goal Worksheet

by Jennifer Britton, Potentials Realized – RemotePathways.com

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SMART-E Goals Worksheet - Making Your Goals SMART-E

Original Goal Statement

Now adapt this to become more:

Specific	Measurable	Achievable (yes/no)	Relevant (yes/no)	Timebound Key Milestones	Exciting

Revised SMART-E Goal Statement:

What do you need in order to be successful? Add this to your One Page Plan.

Adapted from – 20 Focus Areas for Virtual and Remote Team Development, Jennifer Britton (2018)